



NGA Natural Mr. / Ms. California Extravaganza
Bodybuilding, Figure, & Bikini
 * **PRO QUALIFIER** *~ Saturday, June 11, 2011

ELIGIBLE: Open to all natural athletes who hold a current NGA card or may obtain membership on the day of check-in. All classes are required to take a seven-year drug-free polygraph. Test \$35 Cash only.

LOCATION: Folsom Middle School ~ 500 Blue Ravine ~ Folsom, CA 95630

CHECK IN: All competitors will check in on Friday the day before the show @ Lake Natoma Inn ~ 702 Gold Lake Dr. ~ Folsom, CA 95630
 Figure and Bikini competitors @ 5pm ~ Bodybuilder competitors @ 7pm

DRUG TEST: All athletes will take a polygraph on Friday the day before the show also @ Lake Natoma Inn. Please call to set appointment time (916) 201-2922

MUSIC: Athletes must have all music on CD-R *NOT* CD-RW. All music will be collected @ Check-In.

ALL FEES: \$50 Entry Fee for all athletes. NGA Card \$35. Polygraph Test \$35

DEADLINE: May 28, 2011 NO LATE ENTRY!!!!

MORE INFO: (916) 201-2922 Please Send Check payable to: John Carrero 2600 Chestnut Hill Dr. Sacramento, CA 95826

PRO QUALIFIER	CHEK DIVISION	CHECK CLASS
Men's Open	()	() Lightweight ~ To 156 ¼ Lbs. () Middleweight ~ 156 ½ - 172 ¼ Lbs. () Light Heavy ~ 172 ½ - 189 ¼ Lbs. () Heavyweight ~ Over 189 ¼
PRO QUALIFIER Women's Open	()	() Lightweight ~ To 112 ¼ Lbs. () Middleweight ~ 112 ½ - 122 ¼ Lbs. () Heavyweight ~ Over 122 ¼ Lbs.
PRO QUALIFIER Women's Figure	()	() Height Class to be determined @ Check-In

All Other Divisions

() Men's Novice () Masters (40-49) () Grand Masters (50-59) () Ultra Masters (60-Up) () Teens
 () Women's Masters (35-Up) () Women's Figure Masters (35-Up) () Mixed Pairs () Bikini

NAME _____ AGE ____ DOB _____ HEIGHT ____ WEIGHT _____

ADDRESS _____ CITY _____ STATE ____ ZIP _____

E-MAIL _____ CELL# () _____ HM# () _____

WAIVER: IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY. I HERBY INTEND TO BE LEGALLY BOUND FOR MYSELF MY HEIRS, EXECUTORS AND ADMINSTRATORS, AND WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE NATIONAL GYM ASSOCIATION, INC., FITNESS IN MIND, THE PROMOTOR OF THIS EVENT, FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT, AND ANY AND ALL SPONSORS, AGENTS REPRESENTSTIVES AND ASSIGNS FOR ALL INJURIES AND/OR LOSSES SUFFERED BY ME AS A RESULT OF MY PARTICIPATION AND/OR ATTENDANCE AT THE MR/MS CALIFORNIA EXTRAVAGANZA, FRIDAY JUNE 10, 2011 AND SATURDAY JUNE 11, 2011 .

SIGNATURE _____ DATE _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER THE AGE OF 18) _____